

A Maternal and Child Health Certificate has been purchased on your behalf by

Your \$AU25 gift will help reduce the maternal and infant mortality rates in Timor-Leste by promoting good health for women in their communities.

Your gift will provide a new mother with a Maternity Pack that contains the basic essentials for both the mother and her baby, such as clothing, sanitary items, nappies and important information on breastfeeding and postnatal care.

Money raised from these certificates will also support Alola's Maternal and Child Health Program, which provides breastfeeding counseling as well as funding community support to encourage women to give birth with a trained health worker – something that will help reduce the high mortality rates for mothers and their babies.

For more information about Alola and its programs visit **www.alola.org.au** PO Box 382, Abbotsford VIC 3067

